

HEALTH AND P.E. DEPARTMENT

The Department of Health & Physical Education provides challenging programs which provide students with the academic knowledge and technical skills that will prepare them for a variety of career paths in the rapidly growing fields of health, fitness, wellness, and human performance. Graduates of the program will additionally be prepared to pursue advanced degrees in their major field of study or a related field.

The department offers Bachelor of Science degrees in Health and Human Performance with majors in Exercise Science, Health Promotion, and Athletic Conditioning and Coaching. Pre-Nursing, run jointly with West Virginia University, and Physical Education (PreKadult) degrees are available also.





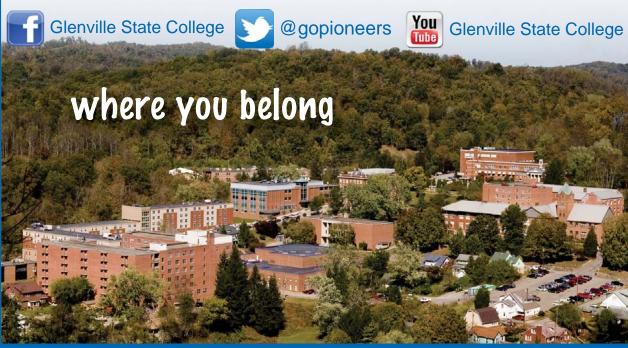
OPPORTUNITIES FOR HEALTH & P.E. STUDENTS

• Access to real-world equipment like high-end stationary bikes, dynamometer, and a research-grade treadmill

 Preparation for a multitude of careers after graduation through the Health & Human Performance programs







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