



LILLY GYM & MAT ROOM

GSC's Main Campus
Health and Physical Education Building
Enter at Student Support Services (near Parking Lot J)

Gymnasium dedicated to Jesse R. Lilly, Jr.,
former Athletic Director, Coach, and Teacher

Lilly Gym: 18 laps = 1 mile

Mat Room has 25' x 37' padded floor

Pool Table located in Mat Room

Shuffleboard located in second floor hallway

Equipment available to check out from staff attendant

Youth Tumbling Lessons available

www.glennville.edu/life/fitness_center.php
(304) 462-6441 | Kathy.Gilbert@glennville.edu

LILLY GYM & MAT ROOM

SPRING 2019

	MON	TUE	WED	THUR	FRI	SAT	SUN
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM	Gym Open for Walking 11 AM - 1 PM		Gym Open for Walking 11 AM - 1 PM		Gym Open for Walking 11 AM - 1 PM		
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM	BEGINNERS KARATE 6-7 PM ADVANCED KARATE 7-8 PM Open 6-9 PM	Open 6-9 PM	Open 6-9 PM	Open 6-9 PM	Open 6-9 PM	Open 6-9 PM	Open 6-9 PM
6:30 PM							
7:00 PM							
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9:00 PM							
9:30 PM							
10:00 PM							