



WACO CENTER

GSC's Mineral Road Campus (921 Mineral Road)

Indoor Walkway - Main Entrance
8 laps = 1 mile

Weightlifting Facility - Athletic Entrance
Minimum age: 16

D. Banks Wilburn Outdoor Track - Morris Stadium
4 laps = 1 mile

McPherson Court is not open for public use
Lilly Gymnasium is open - see website below

www.glenville.edu/life/fitness_center.php
(304) 462-6441 | Kathy.Gilbert@glenville.edu

WACO WEIGHTLIFTING FACILITY

SPRING 2019

	MON	TUE	WED	THUR	FRI	SAT	SUN	
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM			
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM		Open 1-4 PM		Open 1-4 PM				
1:30 PM								
2:00 PM	Open 2-5 PM		Open 2-5 PM		Open 2-5 PM			
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*The Indoor Walkway and Outdoor Track are open for use.
For assistance, see Attendant on duty at Waco Weightlifting Facility.*