

## **GSC AQUATICS**

Located in the Health & Physical Education Building on GSC's Main Campus

35 laps (70 lengths) = 1 mile

25-yard heated tile pool

10' deep end and four lap lanes

Enter through Locker Rooms on the main level

Available for Pool Parties and rental

Group and Private Swimming Lessons are available for youth and adults

## **POOL SCHEDULE**

## **SUMMER 2019**

	MON	TUE	WED	THUR	FRI	SAT	SUN
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM			Open Swim				
11:30 AM	]		11 AM - 1 PM				
12:00 PM	Open Swim 11 AM - 1 PM		Healing		Open Swim 11 AM - 1 PM		
12:30 PM	TITAWI-IFW		Waters		TITANI-ITNI		
1:00 PM			12 - 1 PM				
1:30 PM							Open Swim 12 - 3 PM
2:00 PM							12 31111
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM					Open Swim		
5:00 PM			Water		4 - 8 PM		
5:30 PM	0		Aerobics				
6:00 PM	Open Swim 4 - 8 PM		5 - 6 PM		Agus Vora		
6:30 PM	1 01111				Aqua Yoga 6 - 7 PM		
7:00 PM			Open Swim		0 / TW		
7:30 PM			4 - 8 PM				
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM							

The GSC Pool is not closed, unless indicated, for Fitness Classes, Lessons, or Pool Parties and is open for others to use during these times.