



MOLLOHAN FITNESS CENTER

GSC's Main Campus
Alan B. Mollohan Campus Community Center lower level

Precor cardio and fitness equipment upgraded in 2018

Queenax Functional Fitness Frame - "The Wall"

Attendant available for Orientation

New Smart TV in Group Fitness Studio - *pull up your own workout!*

Equipment includes: boxing gloves, kettlebells,
core-strengthening balls, and dumbbells

Convenient restrooms, lockers, and showers

www.glenville.edu/life/fitness_center.php
(304) 462-6441 | Kathy.Gilbert@glenville.edu

MOLLOHAN FITNESS CENTER

FALL 2019

	MON	TUE	WED	THUR	FRI	SAT	SUN				
6:00 AM											
6:30 AM											
7:00 AM	Open 7 AM - 8 PM	Open 7 AM - 8 PM	Open 7 AM - 8 PM	Open 7 AM - 8 PM	Open 7 AM - 8 PM						
7:30 AM											
8:00 AM											
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9:30 PM											
10:00 PM											

- **Entry is FREE** to GSC Students/Faculty/Staff and those with a Fitness Membership
- **Drop-in Rate: \$3** Access to all Fitness Facilities for the day, includes Group Fitness Classes