



# WACO CENTER

GSC's Mineral Road Campus (921 Mineral Road)

Indoor Walkway - Main Entrance  
8 laps = 1 mile

Weightlifting Facility - Athletic Entrance  
Minimum age: 16

D. Banks Wilburn Outdoor Track - Morris Stadium  
4 laps = 1 mile

McPherson Court is not open for public use  
Lilly Gymnasium is open - see website below

[www.glenville.edu/life/fitness\\_center.php](http://www.glenville.edu/life/fitness_center.php)  
(304) 462-6441 | [Kathy.Gilbert@glenville.edu](mailto:Kathy.Gilbert@glenville.edu)

# WACO WEIGHTLIFTING FACILITY

## FALL 2019

	MON	TUE	WED	THUR	FRI	SAT	SUN
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM	Open 8-11 AM		
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM	Open 1-4 PM		Open 1-4 PM		Open 1-4 PM		
1:30 PM							
2:00 PM		Open 2-5 PM		Open 2-5 PM			
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- Please sign in with Staff Attendant on duty at Waco Weightlifting Facility
- Only use during open hours