

PED	332	Kinesiology	3	
PED	333	Motor Learning and Development	2	
PED	421	Exercise Physiology	3	
Health Promotion Major				48 hours
ENVR	255	Health and Safety	3	
HLTH	107	Introduction to Medical Terminology	1	
HLTH	331	Foundations of Anatomy and Physiology	4	
HLTH	341	Community and Environmental Health	2	
HLTH	342	Health Disparities in Vulnerable Populations	3	
HLTH	425	Wellness Programming and Administration	3	
HLTH	435	Research Methods in Health and Human Performance	3	
HLTH	493	Practicum (Capstone Course)	12	
NPLM	301	Nonprofit Leadership and Management	3	
NPLM	302	Grant Writing	3	
SAFE	327	Legal Aspects and General Safety	2	
SAFE	338	Emergency Services and Disaster Preparedness	3	
SOCL	105	Interviewing and Counseling	3	
SOCL	209	Social Problems	3	
General Electives				19-22 hours
Total minimum hours required for degree				120 hours

Advising Note:

Students who choose to take BIOL 309 must also complete BIOL 120 with a grade of “C” or above.
 Students who choose to take PSYC 250 must also complete PSYC 201.

Students pursuing the degree in Health and Human Performance are advised to consult with their academic advisor as to the need to include among their general electives the following courses:

PSYC 310	Abnormal Psychology
PSYC 360	Psychology of Human Sexuality
PSYC 380	Drugs and Human Behavior
SOCL 340	Death and Dying

Students majoring in Exercise Science or Athletic Conditioning and Coaching are advised to consult with their academic advisor as to the need to include among their general electives:

HLTH 342	Health Disparities in Vulnerable Populations
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Students who intend to pursue graduate education in Physical Therapy, Occupational Therapy, Athletic Training, Prosthetics and Orthotics and related programs usually need additional math and science courses to qualify for admission. Students should discuss career goals with their advisors early in the course of their studies so that they can take these courses in a timely manner.

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