

**BS – HEALTH AND HUMAN PERFORMANCE  
EXERCISE SCIENCE  
SUGGESTED PLAN OF STUDY**

**FIRST YEAR**

CART 101 .....	3	BIOL 120.....	4
ENGL 101 .....	3	CSCI 101 .....	3
GSC 100 .....	0	HIST 201, 202, 207, 208 (OR)	
HLTH 102 .....	3	POSC 203 .....	3
HLTH 105 .....	3	HLTH 107 .....	3
MATH 115 .....	3	PSYC 201 .....	3
<b>Total Hours - Fall Semester .....</b>	<b>15</b>	<b>Total Hours - Spring Semester .....</b>	<b>16</b>

**SECOND YEAR**

ART 200, CART 200, FNAR 100 (OR) MUSC 200 .....	3	BIOL 310.....	4
BIOL 309.....	4	ENGL 203, 204, 205 (OR) 206 .....	3
ENGL 102 .....	3	HIST 201, 202, 207, 208 (OR)	
ENGL 102 .....	3	POSC 203 .....	3
HLTH 293 .....	3	PED 131 .....	3
<b>Total Hours - Fall Semester .....</b>	<b>16</b>	PSYC 250.....	3
		<b>Total Hours - Spring Semester .....</b>	<b>16</b>

**THIRD YEAR**

EXSC 455.....	3	EXSC 375.....	3
EXSC 465.....	4	HLTH 232 .....	2
HLTH 435 .....	3	PED 332 .....	3
PED 201 .....	1	PED 421 .....	3
PED 333 .....	2	PSYC 380.....	3
SOCL 105.....	3	<b>Total Hours - Spring Semester .....</b>	<b>14</b>
<b>Total Hours - Fall Semester .....</b>	<b>16</b>		

**FOURTH YEAR**

ENVR 101, SCNC 101, 102, 103, (OR) SCNC 104.....	4	EXSC 493.....	6
HLTH 342 .....	3	RESTRICTED ELECTIVES .....	6
HLTH 425 .....	3	<b>Total Hours - Spring Semester .....</b>	<b>12</b>
PED 327 .....	2		
RESTRICTED ELECTIVES.....	3		
<b>Total Hours - Fall Semester .....</b>	<b>15</b>		