

**BACHELOR OF SCIENCE DEGREE HEALTH AND HUMAN PERFORMANCE
ATHLETIC CONDITIONING AND COACHING**

GSC 100 The First Year Experience 0 hour

All degree seeking students are required to take GSC 100 during their first semester.

General Education Requirements 39 hours

Students in Health and Human Performance must complete BIOL 120, MATH 115, and PSYC 201 as part of the General Education requirements.

Health and Human Performance Core 31 hours

BIOL 120	Principles of Biology I	
EXSC 455	Psychology of Exercise	3
EXSC 493	Practicum	6
HLTH 102	Introduction to Health Promotion	3
HLTH 105	Human Nutrition	3
HLTH 232	Foundations of Health	2
HLTH 293	Lifetime Fitness and Wellness (Gateway Course)	3
MATH 115	College Algebra	
MATH 256	Probability and Statistics I	3
PED 333	Motor Learning and Development	2
PSYC 201	General Psychology	
PSYC 250	Lifespan Development	3
PSYC 380	Drugs and Human Behavior	3

Athletic Conditioning and Coaching Major 40 hours

EXSC 375	Strength and Conditioning Leadership	3
HLTH 331	Foundations of Anatomy and Physiology	4
MRKT 201	Principles of Marketing	3
PED 131	Introduction to Athletic Training	3
PED 224	Assisting in Sports/Camps/Intramurals/Coaching	2
PED 232	Philosophy and Techniques in Sport Coaching	2
PED 265	Diversity and Ethics in Sport	3
PED 325	Athletic Coaching and Administration	3
PED 327	Adapted Physical Education	2
PED 450	Career Planning in Sports	3
SMGT 130	Introduction to Sport Management	3
SMGT 330	Event and Sport Facilities Management	3
SMGT 335	Sport Marketing	3
SMGT 430	Legal Aspects of Sport	3

Restricted Electives 9 hours

HLTH 341	Community and Environmental Health	2
HLTH 342	Health Disparities in Vulnerable Populations	3
HLTH 435	Research Methods in Health and Human Performance	3
PSYC 310	Abnormal Psychology	3

General Elective 1 hour

Total minimum hours required for degree 120 hours

GATEWAY ASSESSMENT – HLTH 293 - CAPSTONE ASSESSMENT EXSC 493