

**240 Department of Science and Mathematics****BACHELOR OF SCIENCE DEGREE HEALTH AND HUMAN PERFORMANCE  
HEALTH PROMOTION****GSC 100 The First Year Experience 0 hour**

All degree seeking students are required to take GSC 100 during their first semester.

**General Education Requirements 39 hours**

Students in Health and Human Performance must complete BIOL 120, MATH 115, and PSYC 201 as part of the General Education requirements.

**Health and Human Performance Core 31 hours**

BIOL 120	Principles of Biology I	
EXSC 455	Psychology of Exercise	3
EXSC 493	Practicum	6
HLTH 102	Introduction to Health Promotion	3
HLTH 105	Human Nutrition	3
HLTH 232	Foundations of Health	2
HLTH 293	Lifetime Fitness and Wellness (Gateway Course)	3
MATH 115	College Algebra	
MATH 256	Probability and Statistics I	3
PED 333	Motor Learning and Development	2
PSYC 201	General Psychology	
PSYC 250	Lifespan Development	3
PSYC 380	Drugs and Human Behavior	3

**Health Promotion Major 44 hours**

ENVR 255	Health and Safety	3
HLTH 107	Introduction to Medical Terminology	3
HLTH 331	Foundations of Anatomy and Physiology	4
HLTH 341	Community and Environmental Health	2
HLTH 342	Health Disparities in Vulnerable Populations	3
HLTH 425	Wellness Programming and Administration	3
HLTH 435	Research Methods in Health and Human Performance	3
MRKT 201	Principles of Marketing	3
NPLM 301	Nonprofit Leadership and Management	3
NPLM 302	Grant Writing	3
PSYC 330	Social Psychology	3
PSYC 360	Psychology of Human Sexuality	3
SAFE 327	Legal Aspects and General Safety	2
SAFE 338	Emergency Services and Disaster Preparedness	3
SOCL 105	Interviewing and Counseling	3

**Restricted Electives 6 hours**

SOCL 205	Principles of Sociology	3
SOCL 209	Social Problems	3
SOCL 340	Death and Dying	3
SOCL 390	Introduction to Public Administration	3

**Total minimum hours required for degree 120 hours****GATEWAY ASSESSMENT – HLTH 293 - CAPSTONE ASSESSMENT EXSC 493**