

# The Glenville Mercury

Number 14

Glenville State College, Glenville, West Virginia

Friday, December 5, 1975

## 40 Students Attend Meet

Forty GSC Physical Education majors attended a seminar conducted here by Dr. Robert Kurutz, professor of Physical Education at W.V.U., on November 24 and 25.

The aim of the seminar was faculty development and the in-service education of the Physical Education department staff. The staff invited students who had taken physiology and kinesiology, or who had a special interest in the program.

Dr. Dollgener, head of the department, said the feedback from the students was "all positive." In addition to his teaching duties, Dr. Kurutz is the Chairman of Graduate Studies in Physical Education at W.V.U. A consultant to the Washington Redskins and the Pittsburgh Steelers, he established the training programs for both teams. The exercise physiologist is also in charge of all the training programs at the university. Dr. Kurutz and his colleague, Dr. Yater, are the only two non-M.D.s. in the country to have passed the National Medical Board Examinations in Physiology.

The seminar was concerned with cardio-respiratory endurance, neuro-muscular integration and muscular strength, or in layman's terms, how to increase fitness, skill and strength. Also discussed as part of this were nutrition, women in sports and a few aspects of athletic training.

Many students were so impressed that they would like to have Dr. Kurutz here all the time to conduct research, teach classes and start a conditioning program. Although this is not possible, "there are some definite things we are going to do in class and in the athletic program that reflect directly back to the material he gave us," Dr. Dollgener said. Second semester, they plan to conduct an experiment with the control and experiment groups made up of a cross-section of men and women in all sports here at GSC "to see if we can improve jumping ability." They would like to do the same in regard to speed.

Another possible follow-up under consideration is to make such seminars available to teachers in the nine or ten nearby counties.

"What do you do with 250 lbs. of canine misfit?" See "George" and find out! "George" and "The Pink Panther" will be shown Saturday, December 13 at 2:00 p.m. in the GSC auditorium. Sponsored by the Alumni Office, admission to the movies is \$.75.

## Pooh Revisiting GSC For Party

Winnie-the-Pooh will be visiting Glenville again soon. Along with many of his friends, he will delight young and old alike at Dr. and Mrs. Wilburn's annual Christmas party held for the administration, faculty, staff and their families. This festivity will be in the Ballroom December 14 at 3:00.

The characters will be portraying "Winnie-the-Pooh's First Christmas." This selection has been written and will be directed by Ms. Jeanne Kobuszewski. All of the characters are the original cast of *Winnie-the-Pooh*, performed on Glenville's stage last spring.

Judy Ditlow will again take on the portrayal of Pooh, the over-stuffed lovable bear. Judy has worked with the drama department on many of the plays and is no stranger to the acting aspect of theatre.

Kanga, the overly protective mother kangaroo, will again be portrayed by Peggy Collins. Ms. Collins is also no stranger to the theatre. Her previous por-



THE ANIMALS ARE INVADING RFK LIBRARY--on skis, nonetheless. Actually, this picture is the library's display of papier mache characters produced by students in GSC's art department.

Dr. and Mrs. D. Banks Wilburn cordially invite all faculty and staff members to attend their annual Christmas Party on December 14. The party, which lasts from 3 p.m. to 5 p.m. will be held in the ballroom of the Pioneer Center. To highlight the festivities, the Drama Dept., under the direction of Ms. Jeanne Kobuszewski, will present a children's drama, "Winnie-the Pooh's First Christmas." The ballroom will house a tree decorated by the Wilburns, and a visit from Santa is expected.

## Examination Dates Posted

In order that you might plan class schedules to avoid too many examinations on one day, here is the final examination schedule for the fall semester. Final examinations will be given during regular class periods according to the following time table:

a. Classes meeting at 8:00, 10:00, 12:00, and 2:00 MWF will hold any final examinations on Monday, December 15. Whether you meet again on Wednesday is optional with the faculty member.

b. Classes meeting at 9:00, 11:00, 1:00 and 3:30 MWF will hold any final examinations on Wednesday, December 17.

c. All classes meeting on TTH will hold any final examinations on Tuesday, December 16.

d. Night classes will hold any final examinations during the last meeting of the class.

trayal of Kanga, was loved by children of all ages.

Mary Morton will again assume the extremely mischievous Roo, Kanga's baby. Her portrayal of the role was adored by everyone.

Returning to Glenville for the party will be Cathy Deem. Although she graduated from Glenville last year, she took with her many memories of Winnie-the-Pooh. She is looking forward to again assuming the role of Piglet, Pooh's best friend.

Barbara Stemple will be introducing all of the animals as the Elf and Beth Steidl will add her talents in music to the party.

And last, but certainly not least, will be a visit from that jolly old man from the North Pole, Santa Claus. Under the white beard and red suit this year will be Steve Deem.

Pooh and all of his friends wish everyone a Merry Christmas and the happiest of New Years.

## Senior Conducting Highlights Concert

The Glenville State College Band is presenting its annual Christmas concert on December 10 in the auditorium. Admission is free and everyone is invited to listen to the music.

A special feature of this concert is the senior conductors. These music majors include: Rex Coombs, Brian Deever, Faye Chambers, Janet Griffin, Beth Steidl, Hugh Givens, and Kay Slaughter. Rex Coombs, a Voice Major, will be conducting, "Suite Noel," by Ernest O. Coneva. Brian Deever, a Percussion Major, is conducting "Christmas Pastoral," by J.S. Bach.

Piano Major Faye Chambers' music is, "Three Songs for Christmas," by Clare Grundman.

Janet Griffin, who is a French Horn Major, is conducting "An Old Fashioned Christmas," by J. Olivadoti.

Beth Steidl, Piano Major, will be conducting, "Hark! the Herald Angels Sing," by F. Mendelssohn.

Hugh Givens, a Voice Major is conducting "La Trete de Noel" by Charles Richard Spinney.

Kay Slaughter, Piano Major, will be conducting "Yuletide Overture" by Philip J. Lang.

Mr. Edward Vineyard will also be presenting two more selections, "White Christmas," by Irving Berlin, and "Cantique de Noel," by Adolphe Adam.

Get into the Christmas spirit and come to this winter serenade.

The residence halls will be closed on Friday, December 19, 1975 at 5:00 p.m. and will re-open Tuesday, January 6, 1976 at 12:00 noon. (Lunch will be the last meal served on Friday, December 19, 1975).



This shot captures the spirited cast of *Winnie-the-Pooh* who will be featured entertainment at President Wilburn's Annual Christmas Party for college faculty and staff members.

## Speakers To Vie At Ohio U.

By K. Leisering

The Glenville State College Forensics team, coached by Katherine Leisering of the Speech Dept. will attempt to increase its winnings and qualifications for the National Forensics Finals in April by competing in the Ohio University Invitational Tournament for which Glenville did not get an invitation held this weekend on the O.U. campus in Athens, Ohio.

For this tournament, Glenville has a total of 28 entries with twelve of those entries new material prepared especially for O.U. "This is a tough tournament," Ms. Leisering said, "not necessarily because of stiffer competition, but largely because of ambiguous tournament rules. We will do our best and hope the results are satisfactory."

Three team members will be pentathlon, that is entered in five or more separate events. They are Brenda Henthorn, who is entered (at press time) in Prose Interp, Poetry Interp, two Duo Interps, After Dinner Speaking and for the first time ever (and probably the last) in Impromptu Speaking. Barb Stemple, between hands of "Rook", has also decided to go Pentathlon. She will be entered in Prose Interp, Poetry Interp, Duo Interp, Sales Speaking and After Dinner

Speaking. Mark Hickman is the final Glenville "Pentath" entry. He will compete in Prose Interp, Poetry Interp, Duo Interp, After Dinner Speaking and Sales Speaking.

### Six More Members

The remaining six team members will makeup the remaining entries. Judy Ditlow will compete in Prose, Duo and Sales Speaking. Dorothy Wright will be entered in Prose and Poetry Interp. Tina Crump is entered in Prose, Poetry and After Dinner Speaking. Mary Lou Farnsworth, on the road to recovery, is entered in After Dinner Speaking and Informative Speaking as part of her therapy. Delbert Conley is competing in Persuasion and After Dinner Speaking. Brenda Miller is entered in Sales Speaking and After Dinner Speaking.

Judges sent by Glenville will be "Killer Kath," "Geronimo Jeanne" and "Terror Tutera" guaranteed to perpetuate their poison pens and interpret the ambiguous rules as they should be interpreted ambiguously.

Glenville has already won 14 trophies, five certificates of achievement and qualified 11 entries for the nationals in only two tournaments.

## Annual Concert Featured Sunday

The GSC Choir will sing its annual Christmas Concert next Sunday evening, December 7 at 8:00. The program will be presented in the College Auditorium.

The highlight and climax of this annual presentation is the Ceremony of Candlelighting and the Candlelight Procession to the manger. This ceremony and procession close the program of stirring Christmas music.

Included in this year's concert are "Bach Chorales for Christmas," a Mendelssohn Christmas anthem, a "Gloria in Excelsis" from a Mass by Haydn, and several traditional carols. One of these is a sparkling new arrangement of Handel's "Joy to the World" with brass and timpani with piano. Both the ladies' and the mens' sections of the Choir will be featured.

Several students will assist the Choir in the evening's music. These are: Cathy McWhorter, piano; Gordon Allen, Greg Haddox, and Bruce Wendelken, trumpets; Arlie Osborne and Tony Barnett, trombones; Sherry Horne, flute; Bryan Deever, timpani; and Mr. Paul Dworak, GSC Music Faculty, organ. James Anderson will be the reader for the candlelighting ceremony. The processional to the manger will feature a tableau.

This program can be an inspiration to you as we all approach the Christmas season. The members of the Choir would be pleased and honored by your presence at their MUSIC FOR CHRISTMAS program next Sunday evening at 8:00. Dr. Jones, Director of Choral Activity will direct the concert.

The Placement Office now has applications for overseas Custom Maid Agency, Inc. for summer employment.

GSC students and faculty are invited to join the Christian Fellowship for Christmas caroling on Thursday, December 11.

Carolers will meet at the Wesley Foundation at 6:30 and break up into small groups to sing to Glenville area residents. Later, everyone will meet back at the Foundation for refreshments-cookies and hot chocolate.





# Cafeteria Criticism

Fellow Students:

Having worked for over a year in the school cafeteria and having become acquainted with many fine people there, I feel compelled to express my feelings concerning the behavior of you who daily pass through the serving line.

I have heard many complaints and many criticisms concerning the quality and the quantity of the food served from the line. I have always felt, and still feel, that it is the right and somewhat the duty of each student to evaluate the services rendered to him; however, there is a correct way to evaluate and an incorrect way to evaluate. As I have said, I have heard complaints and criticisms-criticisms are good, but complaints have no basis or remedies.

Please remember, those persons who work on the serving line only serve, as their job requires; they do not decide what is served or how much. Some of you seem to not realize this, or you deliberately ignore the truth. I have, much to my distress, been shouted at, cursed, and had things thrown at me by students passing through the line. These actions have also been imposed on other members of the serving line. These types of actions are crude, rude, immature and degrading of people who profess to be college students, especially those who are of junior and senior ranking. You are quick to complain and slow to compliment. I have yet to hear my first compliment paid to any chef or worker, by a fellow student.

I know that you feel that after a long day you deserve to see a pleasant face at least at mealtimes. But, can you understand why we at times may be unresponsive after an episode like the above mentioned ones? You need only encounter a few of us, while we must come in contact with over four hundred of you at each meal. You try to give us more consideration, and I, for one, promise to exhibit my better qualities at mealtimes.

I cannot close without giving due credit to those of you who are from day to day pleasant people to encounter. You have been considerate, courteous, joyful, and above all, true critics. Some of the truly "bright spots" of my days have been the times that some of you have passed through the cafeteria serving line, and I know this attitude expresses the opinion of some of my co-workers. Without you I know my work would be unbearable at those times when others are so rude.

Marilyn Ann Armstrong

## The Spirit Of The Season

As the time of gift giving approaches what seems to interest you most? Name brands and price tags are becoming most important in the gift giving circle.

Parents are putting too much emphasis on the gifts they give their children rather than on the giving of the gift. This alone is a major cause of the "Christmas Greed" that is often apparent among people today.

Gift-giving began when the three kings brought their tokens of love to the Christ Child. Today it seems that the giver does so only because it is expected of him and the receiver may tell him what to buy and even where to find it.

People put too much importance on price tags at Christmas time. We want to "make a good impression" on those who we buy for. Some even hope to get an expensive gift in return.

Is this the spirit of Christmas? The greatest gift ever given was the gift that God gave to man.

Christmas is the celebration of the birth of Christ. Perhaps we should think of this when searching through crowded and over-decorated stores for the right gift for the special person.

by peggy bauman

### THE GLENVILLE MERCURY The Student Newspaper

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## Grad Center Offers Courses

Seniors who are within 12 hours of completing their baccalaureate degree from a West Virginia college may take advantage of graduate courses offered through the West Virginia University Jackson's Mill Graduate Center.

Graduate courses taken during the final semester of undergraduate studies may be counted toward a Master's degree at West Virginia University providing the student meets the admission requirements at the time he formally applies to the Graduate School.

Graduate credits earned while a senior may not be counted for both undergraduate and graduate credit. Seniors who plan to take advantage of this opportunity must direct a petition to the Dean of the Graduate School, Dr. Helga Shay, Coordinator of the Jackson's Mill Graduate Center, prior to the time of enrollment.

It is possible for a senior to earn up to 15 hours of graduate credits toward a Master's degree prior to completing the baccalaureate degree.

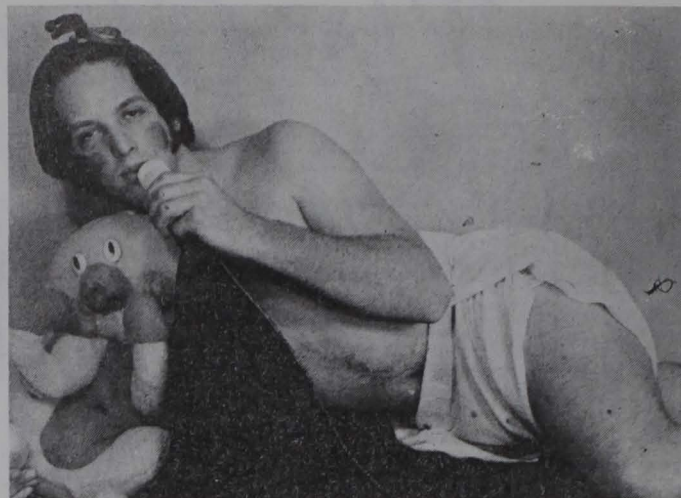
Graduate courses for the second semester are scheduled to be taught at Jackson's Mill, the Upshur High School at Buckhannon, the Braxton County High School at Sutton, Davis and Elkins College, and Philip Barbour High School at Philippi.

In addition, an English course entitled "Study of Selected English Authors" (novels of youth and education) will be offered by directed studies, and two reading courses entitled, "Diagnostic and Prescriptive Reading Instruction," and an educational psychology course entitled "Instructional Television Utilization" will be presented via WVU-TV (West Virginia University).

General registration is scheduled for December 8-12.

Seniors interested in earning graduate credits by senior petition should direct inquiries to:

Dr. Helga R. Shay, Coordinator  
WVU Graduate Center at Jackson's Mill, P.O. Box 429, Weston, WV 26452.  
Telephone: 269-5100, ext. 72.



The votes are in and the decision has been made by the students of Glenville State College on the most beautiful baby on campus. By popular demand Rick Laughlin will reign as the 1975-76 Baby Beautiful.

## News For All Greeks

### LAMBDA CHI ALPHA

The Brothers of Beta Beta Zeta held officer elections at a formal meeting Monday night with Don Chapman being elected president. Gordon Allen is the new vice president, Rick Simmons-secretary, Tom Newberry-rush chairman, Mark Elder-social chairman, Dennis Miller-associate member educator, Randy Hudson-alumni chairman, Allen Barker-scholastic chairman, John Malcomb-treasurer, and Doug Miller-ritualist.

Jeff Matthews and Jim Pritt were elected to the executive committee with Doug Miller serving as alternate. Jeff Wiles is the new athletic director and Gil Valdez is now in charge of the fraternity scrapbook. David Jaffre will serve as parliamentarian and Randy Hudson as sergeant-at-arms.

The Brothers also finalized plans for a Christmas party for 28 underprivileged county children which will be held on December 10. The sisters of Sigma Sigma Sigma sorority are assisting with this project.

### DELTA ZETA

The Theta Xi chapter of Delta Zeta held an informal meeting on Tuesday, Dec. 2 at 5:00.

Discussion of the "Tuition-Give-away" was first on the agenda. Anyone interested in winning next semester's tuition please see any Delta Zeta active or pledge.

This week is the sisters' Lamplighting week. Tuesday night the Lamplighting ceremony was held at 9:30 p.m. at the House. Wednesday night was College Bowl competition between actives and pledges. Thursday night the pledges sponsored a party for the actives. Tonight is the slumber party to be held at the House.

The upcoming Christmas parties were discussed. The sisters will be helping with a party for the underprivileged. They will also have a party at the House for the girls and Big Brothers or dates.

### SIGMA SIGMA SIGMA

The Delta Alpha chapter of Sigma Sigma Sigma held installation of officers at their ceremonial meeting Monday night in the ballroom.

The sisters held their Christmas boutique Monday, Tuesday and Wednesday in front of the old cafeteria. Appreciation is extended to all those who bought articles.

The sisters will be helping with the Greeks' County Christmas party and they are also finalizing plans for a collegiate-pledge party.

### THETA XI

The Kappa Eta chapter of Theta Xi held their formal installation of officers on Sunday night at 9:30. The new officers are: President-Bob Hays, Vice President-Mike Swann, Treasurer-Bill Riffle, Secretary-Russ Stump, Scholastic Chairman-Jim Bob Brown, Pledgemaster-Dan Wessener and Assistant Pledgemaster-Jeff Castin.

On Wednesday, Dec. 3, the brothers had their pictures taken for the fraternity composite. That evening a special meeting concerning pledging was held. This week the combined Randello Scarlotto Memorial Award and S.L.O. T.H. Award goes to Joseph Mills for his ability to attend meetings.

### TAU KAPPA EPSILON

Iota Omega Chapter of Tau Kappa Epsilon International Fraternity is happy to announce that on 11/23/75 the following men are formally initiated into our chapter: Jon Hill Hatfield, Richard Lyle Laughlin Jr., James Allen McBee, Gary Joe Noble, Larry Gene Norman, and Mark Edward Straley.

Officer elections are set for this Sunday and the new officers will be announced in the next paper.

The fraters would like to wish the Pioneers good luck this Saturday and we'll be looking for you at the game.

## 'Mice and Men' Is Scheduled

Excitement is already beginning to build for next semester's drama department production, Of Mice and Men by John Steinbeck. This tremendously moving play is a study of the characters of two roving farmhands, one of whom, "with the strength of a gorilla and the mind of an untutored child" unwittingly murders a woman. He is killed by his friend only to prevent his falling into the hands of the law.

Tryouts for this highly moving drama have been scheduled for January 12, 13 from 4-9 p.m. in the large auditorium. The cast will consist of one female and nine male roles.

Ms. Jeanne Kobuszewski, stage director, is looking forward to this exciting masterpiece.

### Walk-A-Thon

Walk-a-thon funds earned by the GSC Christian Fellowship have reached a total of \$743.80.

Twenty-three members of the group participated in the marathon which was to raise funds for an Inter-Faith Chapel at the West Virginia Rehabilitation Center.

The students walked 20 miles November 1 to raise the money. Bill Hutchinson and Bill Cochran earned \$175 of the total by running to Grantsville and back.

The Minnesingers are appearing in a concert for Women's Club at Wesley Foundation, that will be presented Monday, December 8. Both programs include Christmas selections for the holidays.



Ms. Peggy Bauman

## Ohio Alumni Assoc. Honors P. Bauman

The Ohio area get-together for GSC alumni and friends was held Saturday, Nov. 8 at the Sangier Restaurant and Cabaret in Akron, Ohio. At the dinner, Peggy Bauman, who received a \$150 scholarship from the group this semester, thanked the alumni for their help. The scholarship, which will be continued this year, is given to Ohio area students here at GSC. Peggy, a freshman majoring in English, is from Howard, Ohio.





Glenville's Randy Datcher and Tom Coates battle under the board for a rebound against Salem. The Pioneers won the game, 78-65.

## On The Bench

By John Lilly

The Glenville Pioneer basketball team opened up their season with a third place finish last weekend in the Weston Shrine Tournament. The young G-Men showed their inexperience against the A-B Battlers when they threw away a 17 point lead midway in the second half and ended up losing in overtime. The Pioneers came back the second night and blew the Salem Tigers off the court.

But that is inexperience for you, and maybe later on in the season the G-Men will show more consistence.

To show you how young the G-Men are, their five substitutes over at Weston were freshmen. Two of the first year players sparked the Pioneers last weekend. Charles "Stretch" Warner came off the bench to pour in 18 points and grab 11 rebounds against A-B and the following night guard Gary Nottingham came in and sparked the G-Men over Archie Talley and his gang.

**Tourney Tidbits**  
After getting beat by the A-B Battlers in overtime, it was the Pioneers' third consecutive overtime game, if one was counting their two scrimmage contests. They lost all three...Tom Coates and Greg Arnette made the All Tourney team for the Pioneers...Archie Talley was the leading scorer in the two day affair but failed to make the All Tourney team...5'10 1/2 Arnette must be healed from his badly sprained ankle of last year because in the Salem game he poured in 22 points, grabbed 17 rebounds and thrilled the crowd all night with his jumping antics...Friday night's crowd was reported as the largest crowd in the 18 years of the tournament...In the history of the tournament, the Pioneers have never finished last. They have won the event 5 times, placed second 6 times and came in third seven times.

**Women's Basketball**  
The GSC's women's basketball team opened up their season on a winning note when they beat the WV State women in overtime last Tuesday night.

The win gave first year Coach Gene Davis a successful debut as a basketball mentor.

I wonder how long it will take him to get his first 100 career coaching wins?

### Falcons Strong Again

In looking at the first week or so of the WVIAC basketball season, it looks like the Fairmont Falcons will be the team to beat. But there are about five teams at the present time who could be right behind the Falcons in strength. They are WV Wesleyan, WV State, Bluefield State, Shepherd and Wheeling.

Although the Pioneers are not one of the strongest teams yet, they could develop into one of the top powers later on in the season when they get some games under their belts and everyone is eligible to play.

WV State Coach Curtis Price has already mentioned he's glad that he doesn't have to play the Pioneers here any more this season because they are going to be strong.

Well, this sportswriter hopes he is right.

### St. Mary's in Town

The Pioneers, after a tough loss to the WV State Yellow Jackets, will play three straight home games with their first encounter being tomorrow night against St. Mary's College of Maryland.

The St. Mary's team is much like the Pioneers. They are small in height but are supposed to be quick like the G-Men.

Three years ago the Pioneers beat the Maryland team at their home court by nearly 20 points. This year St. Marys comes to Glenville with a 3-1 record and they recently beat an opponent by nearly 80 points.

### Some Final Quotes

Al McGuire, Marquette basketball coach, on the touring Soviet Union team: "It's strange to see so many tall thin white guys with 1936 uniforms on."

Joe Thumann, on what it's like being a third-string quarterback for the Redskins: "It's like when you have three wheels for a bike and you only need two. One has to lean against the wall. Well, here I am."

Jesse Lilly after his Pioneer team blew a 17 point lead midway in the second half and ended up getting beat by Alderson-Broaddus in overtime: "We just out dumbed ourselves."

## G-Men Place 3rd In Weston Tourney

The Glenville Pioneer basketball team opened their 1975-76 season with a third place finish in the annual Weston Shrine Tournament. The G-Men were beaten in the opening round by Alderson-Broaddus College 78-72 in overtime. But the Pioneers bounced back the following night, blasting Salem College 78-65.

In the opening game, the Battlers from Alderson-Broaddus battled their way back from a 17 point deficit midway through the second half to overtake the cold-shooting Pioneers.

The G-Men held a commanding 42-28 halftime lead, but came out the second half with "cold hands" and could manage making only 9 of 45 field goal attempts from the floor.

With 5:30 left in the game the G-Men held a commanding 57-44 lead but the Battlers cut the margin down to 67-66 at the two minute mark. With only 22 seconds left in the game, Glenville's Charles Warner sank two free throws, but A-B countered by making a foul shot and then tipping in a missed foul shot to tie the score and send it into overtime.

In the overtime it was all A-B as they outscored the Pioneers 9-3 and earned themselves a 78-72 victory.

The Pioneers had four players score in double figures with Greg Arnette and Warner leading the way with 18 each. Randy Datcher had 16 while Tom Coates pumped in 14.

The following night the Pioneers bounced back in the consolation game to overtake the Salem Tigers by the score of 78-65.

The Tigers led the G-Men at halftime by the score of 37-36 but the Pioneers came out the second half and took control of the ball game, scoring eight straight points in one stretch.

The Tigers were led by high scoring Archie Talley who poured in 27 points. But the Pioneer defense shut off the rest of the Tigers on offense.

Four Pioneers scored in double figures with Arnette leading the way with 22 points and 17 rebounds. Arnette was followed by Robert Hawkins with 16 points, Coates with 14 and Datcher with 12.

Arnette and Coates made the All Tourney Team for the Pioneers, but the high scoring Talley from Salem was not selected for the team.

## Pioneerettes Win Opener

The Glenville Pioneerettes opened their 1975-76 women's basketball season on a winning note when they beat the WV State Yellow Jackets 43-41 in overtime.

The game which was played as a preliminary to the men's varsity game Tuesday night was a see-saw battle to the very end. Both teams led as much as five points throughout the contest.

Janet James led the Pioneerettes with 14 points, ten of those coming in the second half when they made their gallant comeback in the closing minutes of play. Other G-Women scoring in the contest were Phyllis Taylor with 8 points, Kim West and Debbie Blankenship both with 7, Kathy Wass scored 5, while Patsy Groves tossed in 2.

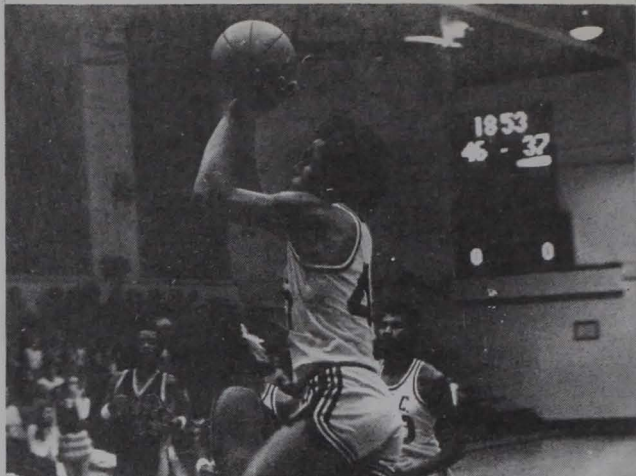
Debbie Anderson led the Yellow Jackets with 16 points.

The Pioneerettes will be idle until Tuesday when they entertain the Salem Tigers at 6 p.m.

### DON'T FORGET !!!!!

Keep in mind the upcoming games for the Pioneers:

Dec. 6	St. Mary's	Home
Dec. 9	Salem	Home
Dec. 11	Morris Harvey	Home
Dec. 15	Beckley	Away



The Pioneer's Greg Arnette scores two of his 20 points against W. Va. State College last Tuesday night.

## Yellow Jackets Edge Pioneers

The Glenville Pioneers were beaten in their home opener last Tuesday night 79-74 by the experienced WV State Yellow Jackets.

The Yellow Jackets jumped out to a 44-33 halftime lead but the youthful G-Men stormed back in the early minutes of the second half to take the lead 47-46.

With 13:00 minutes left on the clock and the score knotted at 56-56 all, State scored eight straight points. But the Pioneers cut the margin back to two points with just 49 seconds left in the game. Then the Jackets scored two quick baskets and a free throw to

put the game out of reach for the Pioneers.

Only four Pioneers scored in the game with 6'7 Randy Datcher leading the way with 27 points. Tom Coates added 21 while Greg Arnette tossed in 20. The only other Pioneer to score was freshman Calvin Page who came off the bench to score six points.

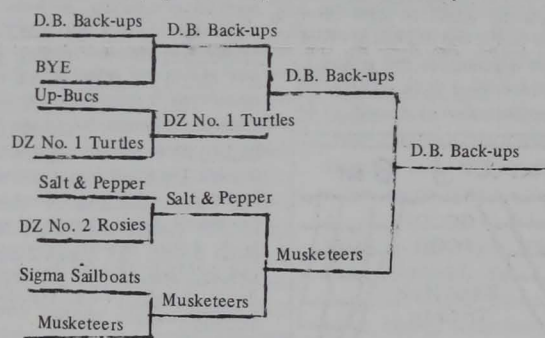
State was led in scoring by senior Ron Calloway who poured in 21 points.

The Pioneers will entertain non-conference opponent St. Mary's College of Maryland tomorrow night at 8 p.m.

### WOMEN'S INTRAMURAL VOLLEYBALL Final Standings of Round Robin Tournament

1. D.B. Back-ups	12-2	86%
2. Sigma Sailboats	11-4	73%
3. Up-Bucs	7-6	54%
4. Salt & Pepper Gang	6-8	43%
5. Mickey Mouse Musketeers	6-9	40%
6. DZ No. 1 Turtles	4-9	31%
7. DZ No. 2 Rosies	2-10	17%

D. B. Back-ups win single elimination tourney.



### THREE GAME STATS OF GSC PIONEERS

	GA	FGM	FGA	PCT	FTM	FTA	PCT	TOT	AVG	PTS	AVG
Arnette, Greg	3	27	55	49	6	11	54.5	33	11	60	20
Coates, Tom	3	21	50	42	7	9	77.7	24	8	49	16.3
Datcher, Randy	3	26	51	50.9	3	5	60	26	8.7	55	18.3
Hawkins, Robert	3	10	30	33.3	2	5	40	16	6.3	22	7.3
Hess, Randy	3	2	11	18.1	0	0	0	8	2.7	4	1.3
Carter, Reggie	3	2	11	18.1	0	1	0	2	0.7	4	1.3
Nottingham, Gary	3	2	7	28.5	0	0	0	1	0.3	4	1.3
Page, Calvin	2	3	6	50.0	0	1	0	2	1	6	3
Whalen, Don	2	0	0	0	0	0	0	0	0	0	0
Warner, Charles	2	7	14	50.0	6	7	85.7	18	9	20	11
Totals	3	100	236	42.3	24	39	61.5	148	49.3	224	74.6
Opponents	3	98	229	42.7	26	43	60.4	153	51	222	74.0
OVERALL RECORD	WON 1	LOST 2	WVIAC RECORD	WON 0	LOST 1						

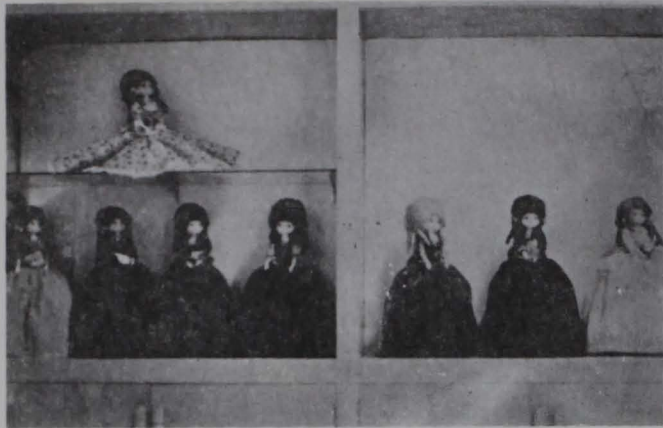


Junior guard Tom Coates scores on an easy layup for the G-Men. Coates tossed in 21 points.



Glenville's Phyllis Taylor lays one in for the Pioneerettes against W. Va. State. The G-Women won the game in overtime 43-41.





'It's Beginning to look a lot like Christmas...' Handmade dolls are on display in the Administration Building display case.

## Library Aids Researchers

by Mary E. Kennedy

The search for reviews of books is often a frustrating one, especially for those titles in non-fiction which receive as few as one review. Two new indexes, both offspring of SOCIAL SCIENCES & HUMANITIES INDEX, are HUMANITIES INDEX and SOCIAL SCIENCE INDEX. Each of these two new indexes feature, in the back of each issue, an index to reviews of books in the fields of sociology, history, religion, literature, anthropology, and so forth. Listing is by author of the book; information leads the searcher to location of the review in a journal.

A new work just received by the library, which will soon be available to users is THE NATIONAL LIBRARY CUMULATIVE BOOK REVIEW INDEX, 1905-1974. Computer storage has made this work possible. The entire work goes back and picks up reviews of all types of books from 1905-1974. The set consists of six volumes, three by author and three by title entry.

This locator index is a checklist of reviews in Book Review Digest, which itself leads the reader to many other reviews of fiction and non-fiction books. For books receiving too few reviews to be included in Book Review Digest, the work also lists reviews located in Li-

brary Journal; Choice; Saturday Review of Literature; Saturday Review Arts; Saturday Review, Education; Saturday Review, Science; Saturday Review, Society; and Saturday Review World.

In the Author volumes, entry is by author of the book being reviewed, followed by title of books in alphabetical order, with reviews in chronological order. In the Title volumes, Titles are alphabetically listed, followed by author's name, and reviews. For author entries, both real names and pseudonyms may be listed, as the entry is made for the author's name as it appeared in the first review of the book.

Because of the time coverage of this work, BOOK REVIEW DIGEST by Gale will be supplemented, but certainly not supplanted. The work is new, and its worth will be best determined by its use.

### BEST SELLERS AVAILABLE

Best sellers are now available for two-week check out to all librarians, administrative faculty, students, and non-students. How the Good Guys Finally Won (Breslin, Jimmy); Another Part of the World (Clark, Kenneth); The Great Train Robbery (Clichton, Michael); Nice Guys Finish Last (Durocher, Leo); Judy (Frank, Gerald); The Straw Man (Goldsmith, Barbara); Total Fitness (Morehouse, Lawrence); Sylvia Porter's Money Book (Porter, Sylvia); Compassion and Self-Hate (Rubin, Theodore); Breach of Faith (White, Theodore); Spindrift (Whitney, Phyllis).

Country Bar

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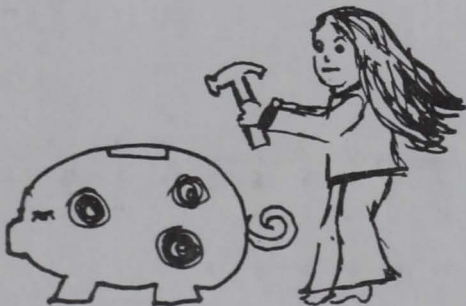
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## Mrs. Roma Adkins Attends Nat'l Meet

Nov. 17-20, Mrs. Roma Adkins, head of the Home Ec. Dept. here at GSC, attended the American Home Ec. State President's Workshop in Wash. D.C. During the workshop, a briefing on consumer affairs, the energy crisis, and the economy was held in the Old Executive Office Building of the White House.

The keynote speaker was Max Lerner, author, lecturer, syndicated columnist and professor. Mr. Lerner spoke on "The Energy Crisis and the Family," pointing out that though the image of the U.S. as the land of milk and honey still exists, we have really come to the end of our plentiful supply of resources.

Other speakers were Ms. Pat Lind, special assistant to pres. for women, who spoke on women becoming greater participants in policy making; Dr. James Pate, Assist. Sec. of Commerce for Ec. Affairs, who spoke on the current economic situation; Garmon Smith, Assist. Administrator for Regulatory Programs, of the Fed. Energy Adm., who spoke on the current rise in energy costs and Michael Sterlocchi, of the office of Consumer Affairs, who spoke on the consumer protection laws and court decisions in states.

One of the main points made during the briefing was that our country didn't get into an economic mess overnight, and we aren't going to get out of it overnight.

Though no profound solution was given to overcome the energy crisis, several suggestions for the individual were given, in that they would all add up to a great deal of conservation.

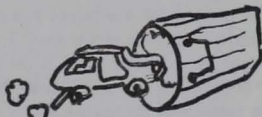
The winner of the Student Education Association Game Night is Mr. Timmy Lee. Mr. Lee hails from Martinsburg. For his efforts, Mr. Lee will receive educational games which he will be able to use in his student teaching and in his own classroom.

The SEA will not have a December meeting because of finals. The next meeting will be held on January 13. The members of SEA would like to wish everyone a Merry Christmas and over the break why not make up your mind to join SEA. You will find it has many opportunities for the student in Education.

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## 'It's Not What But How You Eat'

(The following ideas come from a pamphlet distributed by Communion, a San Francisco vegetarian restaurant.)

by Laura Mueller

In this age of "how-to" books, advice columns, and specialists, we are bombarded with new ways to perform what once were reflex-like actions. So far, not many have dealt with an involuntary body function which concerns us especially in this interim between two of America's biggest feast days-Thanksgiving and Christmas.

Granted, eating is the theme of hundreds of dieting, natural foods and gourmet cookery books, but the emphasis in these is usually what you eat. Just as important, though, is how you eat what you eat.

Learning how to eat properly eliminates the need for most of those "what-to-eat" sources. And it can make the upcoming Christmas break a more pleasant and healthful holiday.

The most important consideration in healthful gastronomic technique is hunger. Without it, eating is unnecessary because hunger satisfaction, the only essential purpose of eating, cannot be produced, so you don't know when to stop. You should never eat because you don't know what else to do, or because you feel frustrated or lonely, or simply because you are invited and you feel obliged or are too shy to deny.

Make sure you're hungry for Christmas dinner, by eating only a very light breakfast and by avoiding snack foods or too many drinks between meals. Be explicit about the portions you are served so that others won't have to deal with the ugly mess and waste of left-overs. Don't take more food just because it is tasty, and remember that "sweet" is just one of the six tastes when you reach for that second piece of pie.

To aid digestion, slow down! Take small bites that can be easily chewed and chew them so well that no hard lumps can be felt sliding down the throat. The stomach is not the only digestive organ. Do not eat food that is uncomfortably hot or cold; this affects the teeth, gums, throat and the rest of the digestive system. Drink plenty of water with your meal since this important fluid is used in digestion.

Busy yourself with the process of eating at the dinner table, and save the socializing for later. When you are distracted, the food is not properly chewed and digestive juices are not added before it reaches the stomach. This puts an added strain on the heart and digestive system. Try not to distract others from eating either. If you are in charge of seating the guests, make sure the table is not crowded. This will make eating and serving more convenient.

As host or hostess, you take on the responsibility of the comfort and health of your guests. As a guest and at any other time you eat, you must look out for your own well-being and when possible, that of others. The best way to do that is to listen to your body and not your social being. Now, throughout the holidays and during the new year, eat what you need and soon that will be all you'll want.

\*\*\*\*\*  
Dr. Jones would like to announce a Bicentennial Choir to be selected for an April Concert. This choir is for anyone who wishes to sing, and likes music. "Choir is not just for music students but for everybody," exclaims Dr. Jones.

### Social Work

All students majoring in social work are invited to attend the organizational meeting of the social work club. Several students have indicated an interest in having such an organization on campus. The purpose of this first meeting is to select leadership and determine organizational objectives. The meeting will be held in Room 307-A, December 10, 1975 at 3:00 p.m.

### announcement

Students who wish to obtain the Accident and Sickness Insurance approved by Glenville State College and other state colleges may do so by completing an application form and making a check payable to World Book Life Insurance Company for the pro-rated amount of \$24.75. The \$24.75 premium is the amount for the single student obtaining basic coverage. Other plans may be chosen. This coverage will begin second semester effective January 7, 1976 and lasting until August 24, 1976.

Those students, both new for second semester and returning students, interested in coverage may obtain applications and brochures at the Office of Student Affairs and from the nurse at the medical infirmary.

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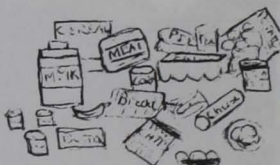
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