# THE GLENVILLE STATE COLLEGE Wednesday, November 15, 1989



# **Marimba Concert Reviewed**

The Manhattan Marimba Quartet eld a concert November 7 at lenville State College. The concert as one of many different tempos, nging from very high speed to w speed. The members in the partet performed with a highly ofessional attitude. They plained to us the difference tween the instruments they were aying, the marimba and the tophone. They explained to the

audience that the marimba had a lower pitch making it more unique than the xylophone.

The concert was rather boring. It was more suitable for the music majors and not for the general wellrounded audience. Even though there was a large crowd, most of the people had to be there because it was a requirement for their classes. The events here at GSC should

be planned for the general audience

and would get much more support and enjoyment from the college population. To support this statement, take a look at the recent play. The play was really funny and the students enjoyed it. All four nights they had great attendance This is the kind of entertainment that should be held more often.

> by Jayson Scadden An Impressionistic Review

# Hall is Finalist For Miss WV

Miss Rebecca Dawn Hall, a phomore at Glenville State Colge, was selected as a top ten talist in the Miss West Virginia SA Pageant held November 10at the Radisson Hotel in Huntgton, WV.

Miss Hall was one of 48 girls ving for the highest honor in WV ageantry. The contestants ranged age from 18-24 years with 21 ving the average age. The young dies competed in three areas: vimsuit, evening gown, and pernal interview. Becky wore a arple swimsuit and a royal blue and silver sequined evening gown. The personal interview consisted two minutes of questioning from the of five distinguished judges. The commented, "I was very happy and surprised to be chosen in the top ten because all of the other girls were models."

After narrowing the choice down to ten young ladies, swimsuit, evening gown, and interview competitions were again conducted. Each contestant was brought forward on the stage and questioned individually about future plans and school activities.

Miss Hall is the 19 year old daughter of James P. and Peggy Hall of Smithville. She is a 1988 graduate of Ritchie County High School where she was active in numerous school activities including: varsity cheerleader, student body secretary, class officer, class representative, media development, drama, pep club, yearbook club, class tournaments, and an active member of 4-H. At Glenville State, Becky participates in several campus organizations. She is a member of the drama club, a GSC cheerleader, and a pledge for Delta Zeta Sorority.

Miss Hall is planning to graduate from GSC with a Bachelor's degree in English education and Associate degrees in oral communications and journalism. Her plans after graduation include teaching English on the secondary level and, hopefully, to have her "own talk show like Oprah Winfrey some day."

Miss Hall stated that the pageant was "a lot of fun and a great learning experience. The main thing to remember is to be yourself and have fun. They may sound like old cliches, but they're true."

# **Computer Contest Held**

The first Glenville State College Computer Programming Contest for high school seniors in conjunction with the National Computer Learning month was held Friday, October 20, on the GSC campus. The event was sponsored by the Division of Business.

All participants received certificates of participation and "share-ware" software. Second prize winner won selected software. The first place winner received a full year tuition waiver to Glenville State College.

Forty schools were contacted asking for one senior to represent each school. Students selected the language for the contest program-either BASIC or PASCAL. The contest involved a one-hour exam

On Wednesday, November 15,

the Pioneer Center Programming Board will hold an 8-Ball

Tournament at 6 p.m. in the Game

Room. The entry fee for the event

is \$2.00. Cash prizes will be

awarded. Also, on Wednesday,

the video "The Dead Pool" will be

shown at 8 p.m. in the Snack Bar.

If you enjoy ice skating, the PCPB

will be taking a trip to Charleston

on November 28 to ice skate. The

cost of this trip is \$4.00. If you plan

to go on this trip, you must sign up

in the Pioneer Center Director's

office before Monday, November

With Christmas just around the

corner, a trip to the mall in Pittsburgh

has been planned for Christmas

shopping. The trip will be on

December 3 and the cost is \$4.00.

Deadline for signing up for the trip

Conference on November 16 from

12:30 to 4:00 p.m. in the Snack

Bar. Also, remember if you are

planning to go on the ski trip you

must sign up by noon on December

8. The trip will be on December

10. The cost is \$20.00. Don't miss

the Steeler football game on

December 17. The cost is \$25.00.

GSC Week. If you are interested in

helping plan for the event, attend

the PCPB meetings at 8:00 p.m.,

every Monday, in the Verona Mapel

Room. PCPB and Student Congress

would appreciate your help.

It's time once again to plan for

Don't forget the AIDS Video

is Friday, December 1.

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and a one-hour programming problem.

Third runner-up was Stephen Craig Hayslette from Nicholas County High School in Summersville.

Second place runner-up was Bo Gibson of South Harrison High School in Clarksburg.

First place runner-up was Daniel Bonnett of Gilmer County High School in Glenville.

The winner was Michael Garrett of Oak Hill High School in Oak Hill.

The judging committee consisted of Ernest Smith, Marty Armentrout, Nick Bassett, Jim Conaway, Bill Church and Kelley Houchin, who was the event coordinator.

## Classified Staff Cleans Rt. 33

On November 5 a small group of classified employees from Glenville State College took on the task of cleaning up Route 33 and Route 119 from the Glenville bridge to the Cedar Creek bridge.

Those who participated were: Bruce Hathaway, Physical Plant; Joe Drahnak, Food Service; Arlene Briski, Continuing Education; Doris Williams, Maintenance; Ed Messenger, Learning Materials; Roger Weese, Game Room; and Jean Weese, Maintenance.

The clean up took two hours and eighty bags of trash were collected. Those who helped found it to be enjoyable working as a group. Your support in this program is much needed. There are others who belong to this group, but could not be there during the clean up. Another meeting will be held sometime soon to decide on the next day to collect trash. Look for the announcement!

The GSC marching band will be performing in concert at 12:30 p.m. on Thursday, November 16 in the auditorium.

The 40-minute concert is being presented to give students who have missed the band at the games an opportunity to hear the selections from this season's games.

The concert is free and all are invited to attend.

#### Page 2 Wednesday, November 15, 1989 The Glenville Mercur



#### **Guest Editorial Professor Recalls Cafeteria Woes**

Recent articles and cartoons concerning the cleanliness and the food in the cafeteria brought back memories of my college days. Complaints about the food and the cleanliness of the cafeteria made the pages of the Glenville Mercury then, too. These recent complaints sound just like the old ones -- a mixture of justified and unjustified gripes. Since my student work was in the GSC cafeteria, I have first-hand knowledge about that facility, and now I want to say something.

My first duty on the job was to move boxes of food to the front of the cafeteria storage room where the cooks could easily get what was needed for preparing the next meal. Those cardboard boxes of food came complete with roaches from suppliers' warehouses. Like every other eating establishment, our cafeteria gets roaches from food suppliers because roaches, which regard glue in cardboard boxes as a delicacy, arrive in the cafeteria on warehouse delivery trucks. Although workers try to exterminate these pests, roaches are perhaps the heartiest form of life in the universe, and complete roach extermination is not part of their cosmic plan -- even at GSC. Moreover, the dampness and environment in our area are ideal for cultivating intimate relationships and good breeding. Ask any GSC roach, and he'll tell you so. While clutter and exposed food may attract roaches, they challenge even the fastidious housewives in Glenville who battle them with roach hives, sprays, bug bombs, and incantations. The fact is, roaches will be with us always, but we must not allow them to garnish dishes and salads in our cafeteria.

As for rats in the dishwasher--pure poppycock. It's not possible; don't even think it. The kitchens and serving areas in Pioneer Center are cleaner than most public eating places, but the dirtiest area is the dining room, and we all know who makes the dirt, miserable swine that they are! Indeed, most of the dirt in Pioneer Center, a huge, busy place, is made by insensitive, careless students. Their own thoughtless messes attract more pests than anything clse in the building. But, this being the case, certainly Maintenance must send the strongest backs and the most aggressive cleaning squads to swarm all over Pioneer Center scrubbing, polishing, scooping up and flushing away student droppings and messes if the place is to be sanitary. Maybe we should ask Pioneer Center custodians if the building is under-staffed. After all, it's a big building to clean, and it has more traffic than any other building on campus.

My last observation is about the food. No, there is no saltpeter in the food. And, yes, the staff works hard to make the food nutritious and appetizing. Students have always and will continue to complain about cafeteria food. College students are supposed to gripe about the food because it's a campus requirement everywhere. People who flunked out years ago still blame cafeterias for their fate. But, years of verbal abuse will not break the spirit of the food service personnel at GSC. Indeed, they are still doing to food exactly what college cafeteria workers are supposed to do to food. So as your moms, who do not have to cook it, would say, "Eat it. It's good for you." Bon appetit.

# LETTER TO THE EDITOR

#### Dear Editor:

After reading this week's cross country results, we were disappointed to learn that Glenville fell from national prominence to third in the conference. We were wondering what happened to this year's team. We know of two allconference runners still with eligiblility not running. The Hilltoppers

# Organizations Delta Zeta

The Theta Xi Chapter of the Delta Zeta Sorority held an informal meeting on Monday, November 6.

Congratulations Becky on making the top 10 in the Miss WV/ USA pageant.

We want to wish everyone a safe and enjoyable Thanksgiving Break.

We support the MADD campaign "Tie One On" which promotes driving safely during the holiday season. People are showing support for this program by tying a red ribbon on the outside of their vehicles.

Congratulations Connie on your engagement! Good luck this weekend, Tracy!!

Don't forget Heart Sis Ceremony Thursday at 9:30.

Pig Pen goes to Traci Chapman and you know why !?! Clean Room goes to Mom Jay!!

Study Turtle goes to Fawn Lucas. Wilted Rose goes to Sandra and Dawn.

We love you, sisters!!

Keep smiling, Alice.

Good Luck Lori in the National Cross Country Meet!!! We love you!!!

### PICAS

A curriculum meeting was held between PICAS advisor Bill Vincent, PICAS curriculum committee person Minnie McNemar and Vice-President of Academic Affairs James Peterson on Thursday Nov. 2, at 9:30 a.m. The following suggestions for improving the curriculum schedule and scheduling were presented by the members of the PICAS:

1. All asking for upper-level classes would be tabulated even after the specific class is closed during preregistration.

a. If there is a sufficient number of extra students desiring the class, an extra session could be incorporated.

b. If a senior needs the class by Dr. Gary Gillespie which is closed, the instructor may

#### Education: Is it on the Decline?

Editor Paul B

November 12-18 is American Education Week. This week is design: to recognize the quantity and quality of education in America. I am going to praise our nation's education system as some students faculty think I should. Frankly, I do not feel the system deserves posi recognition.

The problem with education deals with an attitude that has develo and has steadily worsened. Each generation becomes more lenient v the quality of education that students are receiving. An example of is the number of students who graduate from high school that illiterate or virtually illiterate. Students themselves are partially blame. There is little or no effort exerted toward developing good st habits. Another problem is the lack of interest. Students are interested in learning what they are being taught. Does this mean what the students are being taught is no longer important, or does it m we, the students, are too disinterested in learning the essential element of a good education? Not all students are disinterested. Some interested and want to learn; however, they are not willing to put for the effort to master information. Colleges are not the only place the problems occur. They begin in preschool, linger through element and high school and into college.

Our nation, for some reason, feels that spending money on educa increases its quality. Obviously, this is not true. Each year more more money is spent on education, and each year the quality education declines. We, as a nation, need to be more concerned v helping students desire an education. Until there is a desire to le students will not learn. These ideas as they concern GSC will discussed further in a following editorial.

THE GLENVILLE	MERC	URY	STA	FF
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high schools. be able to present it as an ITV course.

c. Should an upper-level student need a lower-level closed class, it, if possible, may be offered as a taped class with computer testing.

d. Encouraging lower-level students to enroll in upper-level elective classes.

2. Scheduling of classes at various times.

a. Some lower-level classes could be scheduled for afternoon hours. This would leave more middle of the day hours for upper-level classes.

b. Many lower-level classes are taught at other locations, i.e. county Organizations cont. on page

Foreign language classe

place to start). a. We have foreign student campus. They have the ability

assist others to speak their lange They could act as tutors at sched sessions. b. Language teachers at

schools could work up schedules of study and admini tests.

c. Using these students as tu would also help them with English skills.

4. Pre-registration privileges

1989 Final Grid Stats

Team Offense - Individual Pass Receiving - Leaders Vards

166

109

107

94

75

No.

15

10

10

6

4

Long

40

22

29

46

38

TD

2

0

0

0

0

# SPORTS By Michael Hart

# Pioneers Fall To W.V. State

Glenville State lost their season finale last Saturday to West Virginia State by a 55-0 score. The Pioneers closed out their season 0-8 overall and 0-6 in the conference, while West Virginia State finished 3-7 overall and 3-4 in conference play, respectively.

West Virginia State quarterback Keith Franklin was 11-17 for 262 yards passing, while throwing four touchdowns. All four touchdowns came in the first half as Glenville was down 29-0 in the first quarter. Brvan Parker rushed for 203 yards and two scores, as West Virginia State cruised through the Pioneer defense.

Quarterbacks Jeff Swisher and Chuck Wharton combined for 48 vards on six completions, while sophomore fullback Greg Bibbee rushed for 47 yards on nine attempts. On the day, West Virginia State rolled up 601 yards of total offense to the Pioneers 123 yards.

The Pioneers lost three fumbles and were also intercepted three times, for a total of six turnovers. West Virginia State held a balanced scoring attack, scoring in every quarter.

The contest ended with a 48-yard interception return by State's Malcom Spence with time expired.

With a poor and disappointing grid season, the Pioneers showed a lot of character, as did the Pioneer faithfuls who attended the games and suffered the defeats. Good luck to the senior members as the 1989 season has come to a close.



November 15

November 22

Answers:

Home.

Tourney.

Away.

this decade?

281 wins.

281 wins.

this decade?

Player

Lewis

McGee

Schill

Myers

Lawrence





How much is too much when it muscle cell are found in the blood comes to working out? Our body needs physical fitness. It is a dynamic part of our health and wellbeing. The important question is-How much is normal and how much is pathological or harmful?

When you overtrain, it leads to muscle breakdown. Commonly when you work out, it has a large effect on your skeletal muscles. Research proves that your skeletal muscles are broken down and then built up as you train. Skeletal muscle is a very valuable tissue, and must be treated with consideration during your workout.

Muscle damage not only can hinder your workout, but it can slow you down while performing everyday tasks. One indicator of muscle damage is that some enzymes normally present inside the

after your workout. Some enzymes, creative phosphokinase, for example, remain elevated for more than 24 hours, which is not normal. Normal cell membranes do not leak enzymes.

It appears that most muscle damage is the result of numerous forms of exercise. However, eccentric forms of contraction seem to result in the greatest amount of damage. It can be pointed out that some muscle damage is good. Yet too much may be harmful, creating types of chronic stress.

Remember that muscles are very dynamic tissues. Avoid overtraining that can lead to staleness or injury. Your workout should be minimal, with mild damage to muscle fibers.

The residence halls will be closed on Friday, November 17, 1989, at 5:00 p.m. and will reopen Sunday, November 26, 1989, at 12:00 noon.



### Page 4 Wednesday, November 15, 1989 The Glenville Mercury CLASSIFIED ADS Tau Kappa — Ladies of the White Rose —

Classified ads are available for .85 for 15 words. Send check to: Advertising Manager c/o Mercury.

Lonely? Need a date? Meet that special someone today! Call Datetime, (405)366-6335.

Cruise Ship Jobs HIRING Men - Women. Summer/ Year Round. PHOTOGRAPHERS, TOUR GUIDES, RECREATION PERSONNEL. Excellent pay plus FREE travel. Caribbean, Hewail, Bahamas, South Pacific, Mexico. CALL NOWYI Call refundable. 1-206-736-0775, Ext.1157J Organizations cont. from page 2 PICAS

a. It was suggested by some members of the PICAS that commuters be allowed to register a day early.

b. It was suggested that seniors be allowed to register a day early that they may meet their requirements before the classes are closed.

Dr. Peterson agreed some of the suggestions were possible. However, classroom space, parking space, available instructors, class prerequisites, and state specifications for certification made some of the suggestions invalid at the present time. He agreed to pass along to the PICAS any information on these suggestions when they become possible.

Pioneers In Commuter Activities Society would like to wish all the faculty, staff, and students a safe journey home for the Thanksgiving holidays and enjoy your vacation.

# Student Accounting Society

On Friday, October 20, Mrs. McKinney and six senior accounting majors went to Charleston for job interviews with CPA firms at the CPA recruiting fair. Students attending were: Scot Montgomery, Crystal Kitzmiller, Cherrie James, Ronnie Christ, Pat Rosano and Denise Stinn. Everyone had several interviews and considered the day a success. We are all anxiously waiting to hear from the companies whose representatives we interviewed with.

The SAS meeting was Tuesday, Nov, 7. We discussed plans for the remainder of the semester including having a luncheon and guest speaker. We will be doing VITA during the Spring semester. Interested people should contact Mrs. McKinney for details. Dues that haven't been paid yet should be remitted as soon as possible. Our next meeting will be Tuesday, December 5 at 12:45 in AB302. Please attend. Your input and ideas are needed.

# Tau Kappa Epsilon

The members of Tau Kappa Epsilon held their weekly meeting Sunday, Nov. 3. A half shot is being planned and the keg roll was discussed, among other matters.

Congratulations go out to all of our new members. We are really proud of you guys! Be sure and wear your letters next week and let everyone know that you are now members of Tau Kappa Epsilon!

If anyone is interested in joining, please contact any member or call 462-8125, S-F. Go ahead and give us a call and find out what TKE is all about!

Congratulations to the volleyball team for making it to the play-offs. Thanks for everyone's cooperation.

Lambda Chi Alpha

The Brothers of Lambda Chi Alpha fraternity held their weekly meeting Sunday in the Wesley Foundation. We would like to congratulate the Lambda Chi Alpha intramural team on their great finish in the the volleyball tournament. You did a great job representing the fraternity.

The Brothers would like to welcome all new Ladies into the Ladies of the White Rose. Good luck in finding your Big Brothers. Big Brothers remember to write your Little Sisters.

On behalf of the Brothers of Lambda Chi Alpha, everybody have a safe and happy Thanksgiving break.

Awards for the week: POW -ACE, Spanky, Rebel; WOF - Coach; WOD - SKEE, Rebel, T-Box; AH-The Executive Committee; WINOthe fraternity; KCUF - Bucky; FHITA - Lisa Dolan, Mary Alice, Marla, Boog, Batree. The Ladies of the White Rose held their weekly meeting Thursday, at 5:30 in the Wesley Foundation. All Ladies would like to congratulate Brothers Trey Simonson and Drew Taylor on their excellent performances in the recent GSC play.

All Ladies and Chi's who would like a sweatshirt with the Lambda Chi letters are reminded to bring a sweatshirt to Lisa Dolan before break.

Thanks to everyone who worked on and helped with the Haunted House.

Don't forget that Letter Day is Thursday.

The Ladies of the White Rose held their "Little Bro" ceremony Tuesday evening and the following "Little Bro's" were picked up:

# Sigma Sigma Sigma

The Delta Alpha chapter of Sigma Sigma Sigma Sorority held its weekly meeting Nov. 6, 1989 at 8 p.m. in the Vandalia Room. Congratulations to everyone who picked up Little Sis's.

Jill Harmon--Debbie Snyder Becky Hall--Norma Ware Terri Grubb--Kathy Pursley Cathy Harbert--Annette Howard Susan McDade--Jill Curnutt Kim Davis--Valerie Hill Tammy Kyer--Johnna Dennison Kate Jennings--Elaine Jack Tina Richards--Michelle Marshall

Congratulations to Terri Grubb on being the new Panhellenic president. Any girl who is interested in Tri-Sigma is urged to attend our rush parties.

Due to many complaints letters to the editorial organizational news are being corrected. Chris Ellis - Crystal Kitzmiller; Brian Greenlee - Carla Cutlip; Eric Hairston - Lori Burton; Marcus Hanshew - Lisa Dolan; John Harlow - Kathy Sealey; Chris Langham - Mindi Pickens; Rob Schaffer - Jeanette Kidder; Todd Smith -Katrina Riggleman; Bucky Villunova - Robin Dodrill.

Awards for the previous week were: FOC - Bill Vincent; BOW -Tack, Rebel, T-Box, Mavorick, Mad Max, Hoser; LW - Blondie; LOTW - Batchery.

Awards for this week are: FOC - Football team; BOW - All Brothers - WE LOVE YOU!!! LW -Blondie, Slash; TD - Tap-Tap; LOTW - Boog, P.J. and Ta-Ta.

All Brothers, we hope you have a happy and safe Thanksgiving Break!!!

Organizational news and letters to the editor must be turned in by this Friday in order to be in the November 29 edition of <u>The</u> <u>Mercury.</u>

# Europe Tour Planned for Spring

GSC's Spring 1990 travel/study program ("Historical/Cultural Tou of England and France") is now taking registrations. The purpose of the program is to give students from GSC a taste of northerr European culture.

Nearly all the famous sites of London and Paris will be covered plus optional visits to selected sites in Southern England.

Credit is available in Social Science 399.

A deposit of \$450 is due Dec. 1 and the balance by Jan. 2, 1990.

Enrollment is limited so students are urged to register as early as possible.

House for F	lent:	3 rooms
furnished.	Close-	-in. No
Pets.	\$148	plus
utilities.	462-	7057

House for Rent: 4 rooms, kitchen furnished. Close-in. No Pets. \$175 plus utilities. 462-7057.





Wednesday, November 15 Pioneer Snackbar 8:00 p.m.

# 

Cafeteria got you down? Well, you don't have to frown! Sadettres is just downtown. Still serving homestyle specials Come and visit with your friends in our "game room"

Monday-Saturday, 10:00 a.m.-8:00 p.m.